

CLASS DESCRIPTIONS

HWA RANG DO®	The true graduate studies in which the individual learns all aspects of the martial arts & its applications. Emphasizing balance in both the martial and healing arts, HRD possesses more than 4,000 techniques, 365 kicking combinations, over 108 weapons, and an understanding of the natural strength and weaknesses of the human body - making it the most complete martial arts system in existence today. HRD also strives to maintain the utmost quality in its program, preserving an 1800 year old lineage.
TAE SOO DO®	The undergraduate Hwa Rang Do® program is designed for the beginning student. It helps one build a strong foundation and learn the inner mechanics of the martial arts. Most importantly it gives one a better understanding of the fundamentals of all areas of the martial arts required for more advanced training. Great for both adults and children looking to begin the martial art journey.
TAE JUN SA	"Taejunsa" means ultimate warrior, and the goal of this program is to create the ultimate Hwa Rang Do practitioner! This is a group of individuals who want to make a commitment to becoming a Hwarang Warrior in the fullest sense. Along with intensive and detailed martial art training, participants will be responsible for teaching Hwa Rang Do® to the next generation. Students in the Taejunsa program will learn all details of all the aspects of Hwa Rang Do in an accelerated training environment. The training is as detailed as it is intense, and all members are required to become instructors in some capacity. Actually, those people who make it through our program will have a guaranteed job waiting for them with our organization upon completion!
GOTOOGI	This class will focus on takedowns and grappling techniques for effective submission fighting. This is a must for anyone interested in becoming a complete martial artist. This class is taught within the Warrior's Path segment of the TSD program as well as in HRD classes for both Juniors and Adults. The only other equipment you'll need is a WHRDA approved Go Too Gi uniform.
GUMTOOGI & BONGTOOGI	Learn how to effectively use a weapon in an actual sparring situation. This is done in the traditional manner to understand the true swordsmanship mentality through actual sword fighting (GUMTOOGI) and stick fighting (BONGTOOGI). Various combinations of weaponry is used such as Jukdo (bamboo sword), double swords, long staff, middle sticks! Classes are divided for specific and detailed training in both stick & sword fighting and once you become proficient and get your armor — the real fun begins with actual weapon fighting!
KID'S CLASSES	Our school has developed one of the most effective ways of teaching children martial arts. Every child is unique and every age requires specific approaches and methods in order to connect and inspire the children to get the most out of their martial art experience. Our staff works directly with parents as the children grow through our system to make sure they are in the "best" class. We also teach age and level specific classes for Beginners, Intermediate, & Advanced students in Little Tigers (3-6 year olds), Juniors (7-12 year olds), & Teens. Our instructor team is constantly training and enhancing our curriculum for greater effectiveness.
SPACE RENTAL	While our school is almost completely packed with martial art training on both of our floors most of the day, there is some time available for individuals and organizations to rent a quality space with many amenities for various meeting, business, and/or activity time. We have both a matted & wood floor, plus kitchen, sound system, clean facility etc. to fit many needs. Please inquire with our staff for further information about fulfilling your space rental needs.
TOMMOROW'S LEADING KNIGHTS AFTERSCHOOL PROGRAM	The Tomorrow's Leading Knights afterschool program is modeled after the ancient Hwarang of Korea. The youth in this system studied all aspects of life to become the leaders of their society. The development of body, mind, and character through the study of all arts; martial, music, poetry, science, mathematics, & philosophy gave tremendous insight and strength to its members. Our school has long recognized the need for this kind of study for children within present society, so that they can become empowered to lead and change the world to a brighter future. Afterschool time can be both fun & productive, and the kind of care & programming offered here cannot be compared to any other program anywhere. Along with daily martial art training, our extra activities revolve around the following concepts: Leadership, Virtues, Arts & Humanities, Science & Technology, and Community Service. Learn More About TLK Afterschool = www.TLKafterschool.com
TOMMOROW'S LEADING KNIGHTS SUMMER CAMP PROGRAM	Just like the Afterschool Program here at our school, the daily activities involve martial art training plus our 5 major themes. Only difference is that each Week Long camp is scheduled full day from 9am to 5pm. Every week of camp that we offer is unique with engaging themes as well as different programming. We still have a positive message with each session and of course a whole lot of fun too! Learn More About TLK Summer Camps = www.TLKsummercamp.com
NON-PROFIT MISSION	We have restructured our operations and TLK is now an official 501(c)3 Non-Profit Organization! Now we will be able to maximize our processes for growth and community outreach so that we can effectively expand from a single site facility to an organization that can thrive throughout the region. In an effort to "Empower Our World, One Child At A Time" TLK provides daily programming that educates & inspires youth to fulfil their human potential.

HWA RANG DO® MINNEAPOLIS MARTIAL ART ACADEMY

BRANCH OF THE WORLD HWA RANG DO® ASSOCIATION

CLASS SCHEDULE



Effective August 27, 2018

Schedule may change upon further notice.

Please check the Master Calendar for any updates and all special events held throughout the year.

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MAIN WEBSITE: WWW.HWARANGDOMN.COM

AFTERSCHOOL: WWW.TLKAFTERSCHOOL.COM

SUMMER CAMPS: WWW.TLKSUMMERCAMP.COM

LEARN MORE ABOUT OUR NON-PROFIT MISSION ONLINE!

HWA RANG DO® MINNEAPOLIS DOJANG – FULL CLASS SCHEDULE:

花郎道

太手道

CLASS TYPE	DAYS	TIMES
---TLK = TOMORROW'S LEADING KNIGHTS AFTERSCHOOL PROGRAM (2-6PM)		
TLK TIGERS	Monday – Friday	2:55 to 3:35pm – Main
TLK JUNIORS – BEGINNERS	Monday – Thursday Friday	3:35 to 4:30pm – 2 nd Floor 3:35 to 4:30pm – Main
TLK JUNIORS – INTERMEDIATE & ADVANCED	Monday – Friday	3:35 to 4:30pm – Main
TLK BURROUGHS & BARTON TIGERS	Monday – Thursday	4:30 to 5:10pm – 2 nd Floor
TLK BURROUGHS JUNIORS	Monday – Thursday Friday	5:15 to 6:10pm – 2 nd Floor 5:15 to 6:00pm – Main
---TRADITIONAL MARTIAL ART CLASSES		
TIGERS – BEGINNERS	Tuesday & Thursday	4:30 to 5:10pm – 2 nd Floor
TIGERS – INTERMEDIATE	Monday & Wednesday	4:30 to 5:10pm – 2 nd Floor
JUNIOR – BEGINNERS	Tuesday & Thursday	5:15 to 6:10pm – 2 nd Floor
JUNIOR – INTERMEDIATE & ADVANCED	Monday & Wednesday	5:15 to 6:10pm – 2 nd Floor
ACROBOP: KIDS GYMNASTICS & TUMBLING	Friday	5:15 to 6:00pm – Main
ADULT & TEENS – ALL RANKS	Tuesday & Thursday	6:15 to 7:10pm – Main
ADULT & TEENS – OPEN MAT TRAINING	Tuesday & Thursday	7:15 to 8:00pm – Main
ADULT & TEENS – ALL RANKS	Saturday	11:45am to 12:45pm – Main
ADULT & TEENS – WEAPON FIGHTING	Saturday	10:00am to 11:30am – Main
ADULT & TEENS – TGT	Wednesday	6:15 to 7:30pm – Main
ADULT & TEENS – HWA RANG DO	Wednesday	7:30 to 8:30pm – Main
---OPEN TRAINING – ALL AGES & RANKS	Monday	6:00 to 7:30pm – Main
---PRIVATE LESSONS – ALL AGES & RANKS	Talk To Staff to Schedule Times	
>>> BIRTHDAY PARTIES <<<	Saturday	3:30 to 5:30pm <i>*Schedule EARLY In Advance!</i>
TESTING EXAMS: Tigers & Juniors -----3 rd Weekend of Month	Friday – Curriculum Test Saturday – Sparring, Grappling, Belt Ceremony	4:30 to 5:45pm 11:30am to 12:30pm
TESTING EXAMS: Adults & Teens & HRD -----3 rd Weekend of Month	Saturday – All Testing Components	10:45am to 12:30pm ----doors open 10am
NOTES: *Please check master Calendar online for full year schedule. It is a Google Calendar so you can signup for direct access for TLK & Traditional Dojang events, test dates, tournaments, seminars, and parties! **There are NO TRADITIONAL CLASSES on Friday & Saturday when it is a Testing Weekend – ONLY TLK Afterschool on Fridays + Testing Events		
TIGERS = 4 to 6 year olds	JUNIORS = 7 to 13 year olds	TGT = Teuk Gong Team: Special Forces Leadership Team
BEGINNER BELT RANKS: White, Orange, & Yellow	INTERMEDIATE BELT RANKS: Green, Purple, & Blue	ADVANCED BELT RANKS: Brown, Red, & ½ Black

LEARN MORE ABOUT OUR ACADEMY & NON-PROFIT MISSION ONLINE = [WWW.HWARANGDOMN.COM](http://www.HWARANGDOMN.COM)